## Wirral Training Feedback

Very interesting course, looking forward to delivering the programme. Facilitator lovely very knowledgeable. Liked the way facilitator brought bits of her experience into the sessions.

Was an eye opener. Nice to get together with other professionals. Good knowledgeable trainer. Enjoyable. Will use this in programmes and on 1-1 basis in client's homes.

I found the training valuable both personally and professionally. My views on society stereotypes have come into question. Valuable insights on warning signs. Looking forward to delivering and also sharing the information with my daughters as they mature.

The training was enjoyable. Interesting to learn different tactics of dominator and gain insight into effects on children. Group work mixed with case stories/examples from Chris were a good balance. Would recommend to colleagues.

Fantastic training Chris was brill, made it fun and knew here stuff. Loved the course and really looking forward to running it.

I think every professional working with children and families should have knowledge of the programme and its content.

Thank you for the training it wasn't a boring sit in front of a power point training. I felt it was real training for a real course. Chris was approachable and down to earth. I enjoyed learning about the freedom programme and I look forward to running it. I hopefully will make a difference to the families in Birkenhead.

Enjoyed the three days very much. Have wanted to attend this training for a few years and this is my first opportunity. Valuable training experience. Better able to help and support the mums and families that I work with.

Fabulous training, I have learned valuable information. Tutor relaxed and doesn't put you under pressure (like some courses) Really enjoyed this training. Would like to observe "How Hard can It Be" Thank you.

Enjoyable three days. I found the practice running a session very useful and supportive. Look forward to putting what I have learned into practice and supporting families who may be in an abusive situation. I feel the course will empower families and allow them to help themselves.

Really nice feel to the training group. Chris ran it at a good pace with plenty of pause for though and opportunities for questions along the way. Chris had good knowledge of the programme and was confident in her delivery. A really excellent three days which have opened my eyes and helped me understand issues from men, women and children's perspectives.

This training has been powerful, lots to take in. I look forward to using my training and helping others. The training was delivered in a good relaxed way and was explored really well. Thank you so much.

Totally raised my awareness with regards to tactics especially subtle/early warning signs. Trainer very knowledgeable, felt relaxed and comfortable and able to participate without being nervous.

Great training very informative, good resources, great facilitator, lots of information given during the sessions. Group work was good, I liked moving into different groups getting different people's opinions. Thank you Chris I can wait to deliver the programme and start supporting women.

Useful course, feel more confident about running a programme. I would like further training to facilitate a men's programme and how to respond to situations that may arise. Would appreciate observing one. I feel the dynamics would be very different, especially with partners present.

Informative and useful training that was engaging and had a good amount of participation for the leaners. I feel confident to deliver the programme now, thanks to the practice session and interesting questions from colleagues. Chris was great and gave lots of practical advice for running the programmes.